

CESPHN 2023 GP Peer Group Learning Program Reviewing Performance Activity

Peer groups are an ideal format in which GPs can share their knowledge, discuss daily practice with peers and learn from each other.

The Peer Group Learning (PGL) activity is designed to maximise the benefits of working and learning together in a peer group educational setting. A PGL utilises peer support, interaction and reflection to enhance participants' clinical competence, knowledge, skills, attitudes and performance. PGLs can also encourage collaboration and strengthen teams.

The PGL cycle runs over a period of time, e.g., over several months or a year, depending on the needs of participants. This model can be conducted as face-to-face meetings, teleconferencing / videoconferencing or 'blended' which is a combination of both. It is requirement of the program to have actual meetings for each component of the PGL cycle, via correspondence (e.g., email, etc.) is not acceptable.

Structure of a PGL Activity

One "cycle" of a PGL commences with a planning meeting, followed by at least 4 hours of cumulative education activity and concludes with a review meeting. The planning meeting, education meetings and review meeting are all standalone sessions. The rationale behind the cumulative approach is to allow opportunity for the participants to reflect on the learning after each meeting and ample time to prepare for the next meeting.

Each education activity runs for at least one hour, usually one and half hours, not including meals/refreshments. The meeting format is a minimum of 5 meetings to increase the likelihood of participants being able to meet the minimum attendance requirements of 4 hours.

Reviewing Performance Activity hours will be calculated and uploaded to the RACGP for participants who successfully complete the program at the end of the PGL cycle.

CESPHN Criteria for the PGL Program

- The cycle commences with a planning meeting
- A minimum of 5 education meetings
- Each meeting must have a facilitator (any member of the PGL can be a facilitator).
- The cycle concludes with a review meeting
- All meetings must be documented using the template provided
- Each PGL meeting must have at least 50% dedicated to case-based discussions.
- Each GP participant is highly encouraged to share their own case/experience and receive peer feedback at least once during the PGL cycle.
- Each GP participant must complete an evaluation survey after each education meeting and the review meeting.
- To be eligible for the Reviewing Performance Activity hours there must be evidence that the GP participated in the planning meeting, completed at least 4 hours of education activity sessions and participated in the review session.

Central and Eastern Sydney Primary Health Network (CESPHN) run a number of GP PGLs.

If you are interested in joining the program please contact **Susan McCann, CPD Program Officer:**
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